Praze Patient Participation Group Meeting Minutes

Title: PPG Meeting

Minutes by: Paul Sandow Date: 22 May 2019

Time: 1845 - 1945

Location: Connor Downs Surgery

Agenda Items		
Time	Agenda Item Description	
	Attendance;	
	Anne Craig Practice Manager (AC)	
	Paul Sandow Assistant Practice Manager (PS)	
	Alastair McLeod (AM)	
	Helen Gambier (HG)	
	John Nash (JN)	
	Margaret Nash (MN)	
	Evylyn Pinto-Willis (EP)	
	Di Punter (DP)	
	Brian Punter (BP)	
	Amy Allen (AA)	
	Mary Tipton (MT)	
	Election of temporary chair for this meeting:	
	- AC proposed by AM ; seconded by JN	
	Welcome: to new attendees BP & DP	
	Apologies;	
	Aurora Talbot (AT)	
	Jane Allen (JA)	
	Chris Iremonger (CI)	
	Tim Iremonger (TI)	
	David Gellatly (DG)	
	Christine Rowe (CR)	
	Declaration of Personal Interests	
	- None	
	Read and Adopt Minutes of Previous Meeting: 20.03.2019	
	- Summarised by AC for new members/attendees	
	- Proposed by JN, Seconded by EP	
	Matters Arising from Previous Minutes: 20.03.2019	
	- None	
	Fundraising for 24 Hour Ambulatory Blood Pressure Monitor (ABPM)	
	- HG Sip and Chat update: flyers x300 delivered in Praze; posters distributed and on display. Posters put	
	up in Connor Downs by MT	
	- Sip and chat - once a month on a Wednesday mornings 1030 - 1130, St Aubyn Arms. Aim is to address	
	loneliness - chat, tea, biscuit.	
	- Neighbours of HG's parents have arranged a trip in Sept to Greenway Agatha Christie holiday home.	
	PPG members intend to join the trip, plea to publicise trip.	
	- Looking for more members to join PPG - publicise through word of mouth. Posters on notice boards at	
	both surgeries.	
	 Popped into school to try and get young members; single mothers/fathers 	
	- AM to advertise in The Chronicle	

AA offered to put info on her Facebook page. MT to email to AA

Fundraising for 24hr ABPM.

- 1 in 4 people with hypertension
- Only 2 devices in the surgery at the moment. Dr Ellery has suggested that 6 are required to meet demand
- HG proposes the PPG fund raise to purchase an additional device (£1500)- will reduce waiting times for patients
- Meeting at Praze on 4th June 4-6pm to discuss the practicalities of fundraising
- JA offered to do tombola at Praze show 13 July. Donations required. Plea to spread the word.
- MT: Connor Downs Village Fete on 22 June suggests a stall for the PPG the fete is 'very retro' so classic fundraising games such as 'Weight of the cake' are considered good ideas.
- HG: Food/cake stall at Praze Surgery Thurs 26 or 27 Sept Also HG is trying to set up a sponsored static cycle ride. Approached various bodies to borrow a static bike. Clowance offer no long possible. Issues borrowing a bike.
- Another proposal: Coffee morning eg in Praze institute
- Plan is to have lots of smaller events so generally targeting rather than holding one big event
- HG wrote a letter see attached
- Poster from Ben: "Praze Surgery PPG event" with picture of the 24hr BP monitor; lists events that we
 may be doing. Wording read by HG. HT/AM suggests wording includes "24hr" and elaborate re
 necessity of high price to avoid confusion with personal BP monitors
- AC advises that guidelines are currently being looked at re night time monitoring aspect
- HG looking for agreement in principle of the poster before its launched group approves
- BP asks how the 24hr devices help the doctor. AC noting that AC not a clinician gives information. . Enable GPs to monitor and/or diagnose hypertension for example when patients suffer 'White coat syndrome' where BP raised when taken at practice.
- MN shares experience of issues with availability of 24hr BP device at Connor Downs
- MT/HG discuss having a School Fete stall
- DP queries if personal BP devices can be used for 24hr monitoring
- HG invites members to email her with any ideas
- AM: Church fundraising car boot sale; provisionally planned for 7 Sept; to be held in the St Aubyn Arms pub car park; Pub run BBQ. Tables to raise money for the church. PPG Group could use a table book with Lorraine in the pub
- MN suggests promoting the car boot sale at the Sip and chat
- Sip and chat dates: 5th June: 3rd July: 7th August: 4th September 2019 at St Aubyn Arms, Praze from 10.30am to 11.30am
- AC thanks HG for all her hard work and thanks all for this discussion

UPDATE: Surgery Developments

AC:

- Dr Lucy Freyne moving to work in Jersey with her husband. NHS losing them both as health care is private in Channel Islands.
- Advertising for a new GP. Be aware not a lot of doctors applying for posts (county wide issue).
- Partners looking at other options, including paramedics and nurse practitioners.
- Eg some practices using paramedics to do home visits. Benefit: don't have to wait for GP to finish clinic
- A matter of waiting for applicants at this time.
- BP re nurses: ?small procedures taking out sutures. AC: re stitches and wound care: locality moving this work to be done at Dressings Clinic at CRCH. Expert nurses / tissue viability. Moving to this system due to demand of chronic disease management at the surgeries and lack of resource. EP/BP find it ridiculous that these are not done at practice anymore "Things going backwards"
- DP queries what patients that are not mobile do? AC: DNs still do home visits, and the locality is looking at commissioning mini bus service
- HG reports that she has found the Dressing Clinic very effective, professional, with good car parking and weekend access

	- Discussion around "changing NHS" - where to go for various health care requirements
	 AC: new Social Prescriber, Emma Burton, joining the team, recruited through CN4C (Cornwall Neighbourhoods For Change) will work in 3 of the North Kerrier Locality practices (Carn to Coast, Praze & Harris Memorial). Draft flyers passed around showing services offered through Social Prescribing. Aim of this service is to provide support to improve and maintain a healthy Mind, Body & Lifestyle. HG asks if the flyer can go in the PPG folders? - yes, the final version can. Copy of final version is attached with these Minutes.
	- AC reports that Cervical Screening uptake has improved. HG: WI 2x resolutions - one of which is on the subject of cervical screening
	 Mumps outbreak at Falmouth University. Measles in the news. MMR being promoted and given - including staff
	- PS reports that mammograms are due for patients in the area. 3 year cycle, Invitations are based on
	practices in geographical areas
	- HG asks after patient leaflet - no update
	- AC: new website template/design shown on screen, waiting for local photographs to be uploaded.
	- AC/PS: Practice policy on 28 day prescribing to be added to the practice website following a complaint.
	Note that the policy has not changed. AC/PS detail the policy with reasoning
	Suggestions of Next Meeting's Agenda
	- Send to AC
	Any Other Business
	- MT advises the group that she will become a virtual member of the PPG from the close of this meeting. AC and members - MTs contributions to meetings and the work she has undertaken for the group are acknowledged with grateful thanks by all.
	Date and location of next meeting
	- July 3rd at Praze 1900
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